Gallery@artleaguehvl.org

Calendar of Events

August 30, 2025

You Are an Artist : Abstract Paint & Transfer Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 01:00 PM - 04:00 PM EST Instructor: Miranda Wildman Date: 8/30/2025 Members: \$95 Non-Members: \$105

Miranda will provide gentle, creative guidance and all necessary materials, including paints, brushes, wood painting panels, and image transfer supplies. We will play with abstract landscape composition and learn how to create scenes with depth by layering acrylic paint with brush techniques to add texture and detail. We will also explore color interactions to create a mood in your artwork. As one of our layers, we will incorporate chosen images into paintings using transfer techniques to personalize your piece.

Step-by-step instructions and all of the materials you need to create will be provided. All experience levels welcome. A beginner's mind is a plus!

Miranda believes that art is for everyone. Making art together in a space without judgment challenges pre-conceived notions and inspires dialogue, cultivating understanding and compassion.

Artist Bio:

Who is Miranda? I grew up in a cozy Vermont town, basking in nature's changing beauty. Creating art with my mom and friends sparked my imagination and led me to the Maine College of Art, where I continued to appreciate New England's lush landscapes. My journey then took me to Western North Carolina, a vibrant place that fuels my creativity, drawing inspiration from its biodiversity and community connections. Through my artistic endeavors, I have come to understand that our ties with one another and with nature are essential. In a world where capitalism often encourages us to see ourselves as isolated individuals, I believe in breaking down those barriers. Art-making and appreciation belong to everyone, transcending titles and credentials. Engaging with art is a way for us to reconnect—not only with each other but with the earth itself.

September 7, 2025

Mindful Mark-Making: Mandalas 2021 Asheville Hwy Hendersonville, NC 28791 11:00 AM - 12:30 PM EST Instructor: Kara Ashley-Gilmore Date: 9/7/2025 Location: Art Place Studio Workshop Members: \$30 Non-Members: \$35

Join us for a relaxing session of mindful art-making. We will incorporate the 7 principles of mindfulness while we use watercolors and drawing materials as tools for relaxation. You'll be led through a series of creative mark-making exercises and grounding techniques, followed by a longer, meditative painting & mark-making session.

Mandala is the Sanskrit word for circle. It is used in Eastern traditions as a tool of meditation. Mandalas include shapes and symbols that you create intuitively. Many mandalas have a repeated pattern of shapes that make a cohesive design, others do not and are abstract. During this month's session, we will use watercolor paints and mark-making tools to create a mandala drawing in the style of your choosing.

Each session includes:

-A "Principles of Mindfulness for Art-Making" guide
-An opening mindfulness meditation
-A mark-making instruction template
-Bilateral drawing and breath work warm-up exercises
-An extended mindful mark-making & painting session
-A closing sharing circle

-March Session: Neurographic Art -April Session: Petri Paintings -May Session: Abstract Patterns -September Session: Mandalas -November Session: Nature Patterns

Beginner

Supplies:

All supplies will be provided and may include watercolor paints, various drawing pens, pencils, pastels, and acrylic paint markers. Bring your willingness to play, and your desire to connect and share!

Artist Bio:

Kara Ashley-Gilmore believes in the use of our innate creativity for our wellness and healing. She is a Licensed Clinical Mental Health Counselor, Board-Certified Art Therapist, Somatic Experiencing Practitioner, and a mixed-media artist at the Art Place Studios, in Hendersonville. As an artist, Kara paints intuitively, often incorporating bright colors with layers of paint, text, and collage, to process life and express themes of hope and encouragement. Art-making has always been an important part of her self-care, and her studio is her personal space to experiment and play. Ultimately, all of her work is about helping people be more creative, use their creativity for personal growth, and incorporate creativity into their daily lives. Her art therapy workshops are tailored to those who appreciate opportunities for creative exploration–with gentle guidance, in a nonjudgmental, quiet atmosphere. September 9, 2025

Botanical Prints Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 10:00 AM - 02:00 PM EST Instructor: Robyn Crawford Date: 9/9/2025 Time: 10 am - 2 pm Location: Art Place Gallery Members: \$80 Non-Members: \$95

Discover the joy of botanical printing in this fun and easy class! Using gelli plates and a botanical bonanza of plant material, you'll create colorful, layered prints that showcase the beauty of nature. No experience? No problem! Whether you're a seasoned artist or an enthusiastic beginner, this class offers an inspiring way to connect with nature and express creativity. By experimenting with color, composition, and pattern, you'll take home one-of-a-kind works of art. It's the perfect way to relax, have fun, and explore your creative side. Plus, you'll leave with unique prints and all the know-how to keep creating at home.

All materials will be provided.

Get ready to let your creativity bloom!

Artist Bio:

Robyn Crawford studied at Emerson College, Massachusetts College of Art, and Rochester Institute of Technology's School of Photographic Arts and Sciences. She has been a mixed media artist, photographer, teacher, and creativity coach for over 30 years and has exhibited work throughout the Carolinas. She loves working with new materials and finds that it shakes things up and generates new ideas in other mediums as well. She uses her own images, clay, acrylics, mosaic, handmade papers, hot glass, metal, resin, crystals, and more to create fun, colorful pieces of work that connect to her spirit. Alcohol Ink Basics ? From Wispy to Bold Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 10:00 AM - 02:00 PM EST Instructor: Robyn Crawford Date: 9/10/2025 Time: 10 am -2 pm Member: \$80 Non-Member: \$95

Dive into the colorful world of alcohol inks in this fun, hands-on workshop! Whether you love soft, dreamy washes or bold, vibrant designs, alcohol inks offer endless creative possibilities. In this class, you'll explore a variety of techniques, experiment on different substrates, and learn essential tips and tricks for working with this dynamic medium. We'll also cover how to properly seal your artwork to preserve its beauty. By the end of the session, you'll leave with a few unique finished pieces—and the confidence to keep creating on your own!

What You'll Learn:

- ? Techniques for creating soft, flowing effects and striking, high-contrast designs
- ? How to work on multiple surfaces like Yupo paper and tile
- ? Color blending, texture tricks, and special effects
- ? Best practices for sealing and finishing your artwork

No experience necessary—just bring your curiosity and love of color! All supplies are provided.

Artist Bio:

Robyn Crawford studied at Emerson College, Massachusetts College of Art, and Rochester Institute of Technology's School of Photographic Arts and Sciences. She has been a mixed media artist, photographer, teacher, and creativity coach for over 30 years and has exhibited work throughout the Carolinas. She loves working with new materials and finds that it shakes things up and generates new ideas in other mediums as well. She uses her own images, clay, acrylics, mosaic, handmade papers, hot glass, metal, resin, crystals, and more to create fun, colorful pieces of work that connect to her spirit. September 12, 2025

The Creative Power of Pastels Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 10:00 AM - 04:00 PM EST Instructor: Beverly Kies Date: 9/12/2025 Time: 10 am - 4 pm Member: \$95 Non-Member: \$105

Enjoy learning the creative powers of pastel. You can learn to translate what you see into what you paint, through palette selection, use of certain materials, picking correct values (colors), composition, plus blending and layering of colors. We will start with sketching from a provided photograph, blocking in and building up shapes, leading to a painting you can hopefully be proud to take home. It would be good to have some drawing skills to take this workshop.

Supplies you'll need to bring:

If you have your own sets of pastels (hard and soft), please bring to class. Plus 2 foam core boards (16 x 20) to tape your paper to Nupastels (hard) and soft pastels Paper towels Moist hand wipes tape or clips to fasten paper

Artist Bio:

Beverly is an accomplished pastel artist, living in Henderson County for 21 years. At the age of 5, Beverly's mother (a watercolor and oil painter) sent her to the Atlanta School of Art. This early passion eventually led to a degree in Art Education from The Ohio State University. Her paintings represent a medley of work, celebrating animals, places, and people. Pastels have always been Beverly's chosen medium, where she enjoys a certain playfulness in her renditions, using vivid colors and expressive strokes. She has spent the last nine years teaching pastel at Blue Ridge Community College, where she shared with her students techniques which has made her successful. "I love the spontaneity of this medium, the feeling that I am drawing and painting at the same time, the intensity of color. My goal is to translate this to my students."

September 14, 2025

Life Drawing Studio 116 116 W. Blue Ridge Rd East Flat Rock, NC 28726 01:00 PM - 03:00 PM EST Time: 1 pm - 3 pm Location: Studio 116 Members: \$10 Non-Members: \$12

Life Drawing Sessions

Life drawing is the activity of drawing the human body from a live model. The models are typically nude, but there may be sessions in which we have models in clothing. Life drawing is a great way to build your drawing skills. These sessions are not a class but facilitated sessions. The sessions are structured, and we have short as well as longer poses. The \$10.00 fee is to provide payment to the model. The sessions will be held two times per month from 1:00 pm to 3:00 pm. The space in the classroom can be tight, so we are requesting that you sign up for the sessions to ensure that everyone has enough space. Easels, tables, and chairs are provided.

September 15, 2025

Sacred Rage: an Art Therapy Workshop Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 06:00 PM - 07:30 PM EST Instructor: Kara Ashley-Gilmore Date: 9/15/2025 Members: \$50 Non-Members: \$60

What if our rage held a deeper, sacred purpose?

"When rage moves through us, it clears blockages, and births clarity." -Dr. Jennifer Mullan

So often, we disconnect from our anger, fearing its intensity or the loss of control it might bring. Unexpressed, it can fester or spill onto those who don't deserve it. This workshop offers the opportunity to tap into our anger using art, while staying grounded, connected to our thoughts, and connected to our bodies. We'll explore our rage, the things that silence it, and what it needs moving forward. It may not feel safe to "let it all out," but maybe this can be a place to safely explore its edges.

As the writer Cole Arthur Riley beautifully articulates, "The more we listen to our own anger, the better a listener it becomes. It becomes less of a weapon and more of a path to greater attunement with our own needs and desires. If we do not starve our anger of attention, of affection, or intimacy, we will seldom find it desperately clamoring to take up space where it wasn't meant to." -Cole Arthur Riley

We'll use mindfulness practices and the principles of intuitive painting as our guide for self-expression through lines, colors, and shapes. We'll then transform these images into written form through a guided poetry exercise.

Art Therapy workshops are about the process of art-making--the release of emotions, the building of confidence, self-acceptance, and self-compassion--not what your final painting looks like. Like all art-making, this Art Therapy Workshop may be therapeutic, but it is not a substitute for therapy. Privacy in the Art Place Studio classroom is not guaranteed. We ask that all attendees keep confidentiality: Don't share other group members' stories or personal information without express permission. You are welcome to share your experiences and insights using "I-statements," but refrain from advice-giving or problem-solving for others unless specifically requested.

All supplies will be provided. Bring your journal, your favorite writing tool, a willingness to play, and your desire to connect and share!

Limited spots are available. Register now to uncover the message your anger needs you to hear.

Artist Bio:

Kara Ashley-Gilmore believes in the use of our innate creativity for our wellness and healing. She is a Licensed Clinical Mental Health Counselor, Board Certified Art Therapist, Somatic Experiencing Practitioner, and a mixed-media artist at the Art Place Studios in Hendersonville. As an artist, Kara paints intuitively, often incorporating bright colors with layers of paint, text, and collage, to process life and express themes of hope and encouragement. Art-making has always been an important part of her self-care, and her studio is her personal space to experiment and play. Ultimately, all of her work is about helping people be more creative, use their creativity for personal growth, and incorporate creativity into their daily lives. Her art therapy workshops are tailored to those who appreciate opportunities for creative exploration, with gentle guidance, in a nonjudgmental, quiet atmosphere.

September 21, 2025 Collage Playshop 2021 Asheville Hwy Hendersonville, NC 28791 01:30 PM - 04:00 PM EST Instructor: Kate Stockman Time: 1:30 pm- 4:00 pm Location: Art Place Studio Workshop Members: Free Non-Members: \$5

Did you know that 40 minutes of creating art lowers the level of cortisol (the stress hormone) in the body? Art really does heal, and it's fun, too. Join us on the third Sunday of the month to take a short creative break at our Collage Playshop. No experience is necessary.

Creating art is just playing with materials. Most of us might already have our supplies ready and organized, but just don't have or take the time to play and create! This free Sunday session offers the time, space, and supplies to encourage playing and creating to anyone who is interested.

Kate will provide an embarrassment of collage supplies (including magazines, catalogs, glue sticks, foundation, etc.) to get folks started. Attendees can bring something they're already working on, their own images, magazines, etc. (be sure to bring your own scissors!) Prompts will be offered, but it's completely up to you what you want to collage! This is a casual gathering to bring the community together to create art and everyone is welcome to join! Bring a friend!

This event is free but requires registration. There is a \$5.00 room use fee that will be collected and given to the Art League.

September 23, 2025

Making Art Supplies with Nature ? Walnut Ink & Eco Prints on paper! Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 01:00 PM - 04:30 PM EST Instructor: Tammy Miller Date: 9/23/2025 Time: 1:00 pm - 4:30 pm Member: \$100 Non-Member: \$115

It's getting close to fall, and leaves will begin falling, as well as walnuts! Discover the magic of creating your own art materials and beautiful art directly from the natural world! In this hands-on workshop, we'll explore how to turn humble walnuts into a rich, earthy ink that artists have used for centuries. You'll also learn how to create beautiful botanical prints using leaves and plants, capturing delicate patterns and textures straight from nature.

You will learn the step-by-step process of making walnut ink that can be used to dye fabric, paint, or draw with, or even to stain wood.

Experiment with different ways to use the ink.

You will learn which leaves to gather to create stunning botanical prints on paper and fabric.

Participants will take home their own bottle of handmade walnut ink and a collection of one-of-a-kind prints.

This workshop is perfect for artists, nature lovers, and anyone curious about sustainable, eco-friendly creativity. No prior experience needed—just bring your sense of wonder and willingness to get your hands a little inky!

September 26, 2025

Oil Painting for Beginners Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 12:00 PM - 04:00 PM EST Instructor: Wendy Loren Date: 9/26/2025 Time: 12 pm - 4 pm Members: \$85 Non-Members: \$100

By the end of the workshop, you'll walk away with your own beautiful oil painting and the skills to continue your artistic journey. No prior experience needed—just bring your enthusiasm and a willingness to explore the world of oil paints!

This class is for those who have always wanted to paint with oil paints but didn't know where to begin. It's also for anyone who may already be painting with oils or other mediums but would like to improve their skills. In this class, you will learn essential techniques and methods needed to create a successful still life oil painting. I will share my painting process from start to finish and provide tips, tricks, tools, techniques, and other valuable resources. Students will have an opportunity to create a still life painting of their own using a provided photo reference. Demonstrations, guided support, and visual steps will be included. Begin your journey today in discovering the wonderful world of oil painting.

All supplies included for this class! Students are welcome to bring any materials that you may have already acquired.

Please wear comfortable clothes that you don't mind getting dirty or an apron if needed.

Artist Bio:

Wendy believes that there is beauty all around us, and if we choose to see with both our heart and eyes, we can see more clearly. As an artist, she seeks to capture the light and beauty that she encounters daily. Like many Master artists, her desire is not just to represent exactly what is in front of her but instead to convey her own inspired interpretation of the subject. She achieves this by painting alla prima, or direct method, and uses expressive brushwork to create a painterly effect. She has dabbled in all mediums throughout the years, but prefers to work with oils.

At the age of 18, her father worked for the big yellow box "Kodak" in upstate New York, where she grew up. He bought her a camera when she was a senior in high school. Wendy was enrolled in the graphic communications program, where she learned to develop film in a darkroom and grew to love photography and art. Wendy has taught for over 15 years in a public school setting. It wasn't until she retired from teaching that she had the opportunity to devote more time to painting. Wendy currently has an art studio in Hendersonville, where she resides with her family. She has taken many classes and workshops from well-known artists and has a great appreciation for art. She hopes to continue to teach, inspire, and mentor others on their artistic journey. September 27, 2025

Art Journaling for Joy Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 01:00 PM - 04:00 PM EST Instructor: Miranda Wildman Date: 9/27/2025 Members: \$95 Non-Members: \$105

In this exciting, yet relaxing workshop, you will playfully ground and thoughtfully develop your very own art journal. Miranda will gently guide you through the process of making expressive marks and creating beautiful abstract compositions using simple, yet impactful, art materials. We will delve into a discussion about the types of materials that are fabulously suited for travel and everyday outings, while also exploring the profound benefits of recording the feelings and experiences we encounter in various places through the lens of art-making. Each guest will leave with their own unique art journal, fully equipped to continue creatively documenting and capturing the essence of all of their adventures.

Step-by-step instructions and all of the materials you need to create will be provided. All experience levels welcome. A beginner's mind is a plus!

Miranda believes that art is for everyone. Making art together in a space without judgment challenges pre-conceived notions and inspires dialogue, cultivating understanding and compassion.

Artist Bio:

Who is Miranda? I grew up in a cozy Vermont town, basking in nature's changing beauty. Creating art with my mom and friends sparked my imagination and led me to the Maine College of Art, where I continued to appreciate New England's lush landscapes. My journey then took me to Western North Carolina, a vibrant place that fuels my creativity, drawing inspiration from its biodiversity and community connections. Through my artistic endeavors, I have come to understand that our ties with one another and with nature are essential. In a world where capitalism often encourages us to see ourselves as isolated individuals, I believe in breaking down those barriers. Art-making and appreciation belong to everyone, transcending titles and credentials. Engaging with art is a way for us to reconnect—not only with each other but with the earth itself.

September 28, 2025

Life Drawing Studio 116 116 W. Blue Ridge Rd. East Flat Rock, NC 28726 01:00 PM - 03:00 PM EST Time: 1 pm - 3 pm Location: Studio 116 Members: \$10 Non-Members: \$12

Life Drawing Sessions

Life drawing is the activity of drawing the human body from a live model. The models are typically nude, but there may be sessions in which we have models in clothing. Life drawing is a great way to build your drawing skills. These sessions are not a class but facilitated sessions. The sessions are structured, and we have short as well as longer poses. The \$10.00 fee is to provide payment to the model. The sessions will be held two times per month from 1:00 pm – 3:00 pm. The space in the classroom can be tight, so we are requesting that you sign up for the sessions to ensure that everyone has enough space. Easels, tables, and chairs are provided.

October 2, 2025 - October 30, 2025 The Royal Art Club K5-2nd Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 03:30 PM - 05:00 PM EST Instructor: Morgan Royalty Date: 10/2/2025, 10/16/2025, 10/30/2025 Time: 3:30 pm - 5:00 pm Member: \$20 per class Non-Member: \$25 per class

Join us every other Thursday for an awesome Art Club class with Mrs. Royalty! Each week, our students will broaden their artistic horizons by utilizing various mediums, materials, and processes! Students will be exploring, experimenting, and discovering the best parts about being an artist themselves!

October 2: We will start off Art Club by making your very own art journal! We will use this art journal at the beginning of each class to warm up our creativity and get us started for the day. This project allows the students to create a space where their self-expression can soar with little guidance. It also allows the students to transition from their day and really engage in their art time.

October 16: We will be playing an art game that I created called "Will It Paintbrush?"! I don't want to give too much away...but get ready to experiment with new potential paintbrushes! This project will allow students to engage in problem-solving, critical thinking, and a little bit of the scientific process. Students will experiment with different materials, decide what it means to create a piece, and discover new untraditional ways of creating their own future art!

October 30: Inspired by the artist Yayoi Kusama, we will be creating two pumpkins using two different artistic methods! Yayoi Kusama is the queen of dots, so there will be dots everywhere on this day! For the first project, students will practice form and their fine motor skills to create their own air-dry clay pumpkins. Then, students will be practicing shape, color, and space to create crazy cool circle-licious pumpkins for the second project.

Can't join us for every class? That is okay! We would love to see you for every class, but you can sign up for a preferred class or all three classes. Each class is \$20 for Members and \$25 for Non-Members. There are only 10 spots per class, so register now to claim your spot!

We can all learn, create, and grow together in the Royal Art Club! I can't wait to see y'all there!

Artist Bio:

Morgan Royalty is a lifelong learner of the art world. As an art educator, she has the privilege of exploring as many art techniques as she can get her hands on. She received her Bachelor of Science in Early Childhood Education from Winthrop University and her Master of Art in Art Education at Boston University. A believer in process art, critical thinking, and inquiry-based art activities, she teaches that the process of art is deeper than the art itself. For the past five years, she has worked with homeschoolers in the Savannah, Georgia area to provide a way for students to learn while expressing themselves creatively. Morgan currently resides in Hendersonville, North Carolina, where she has dreamed of living since she was a little girl. In 2025, she joined the WNC chapter of Preserving a Picturesque America and the Art League of Henderson County to take part in something bigger than herself. By highlighting the glorious nature around her, she is preserving history, supporting her local area and young artists, and enjoying new facets of the art world. She is always looking forward to her next art adventure!

October 3, 2025 - October 6, 2025

From Rags to Paper

09:30 AM - 04:30 PM EST Instructor: Anne Murray Date: October 3rd - 6th 2025 Time: 9:30 am to 4:30 pm (1 hour break for lunch) Member: \$900 Non-Member: \$1000

In this 4-day class, students will learn all aspects of creating rag-based paper, while also learning something of the history and artistic uses of handmade papers. We will prepare the cotton and linen fabric, "beat it to a pulp", mix fibers for different styles and textures of paper, practice pulling uniform sheets, and learn the multiple steps of drying. Time permitting, we will also create one or two small projects from the handmade papers. Paper making is time and labor-intensive, but can be quite rewarding.

Supplies will be provided

Optionally, students may contribute pieces of cotton and/or linen (must not include ANY synthetic fibers) fabric.. Please note that you will NOT have paper that is made solely from your own fabric.

Class will meet at my studio in East Flat Rock

Artist Bio:

Since first encountering The Penland Book of Handmade Books at the public library in 2006, Anne has been passionate about making books and has been learning and practicing the crafts involved in making books – binding, making paper, marbling, creating book cloth, and woodworking. These skills have been acquired from the John Campbell Folk School (Brasstown, NC), the Penland School of Crafts (Penland, NC), the Sawtooth School for Visual Art (Winston-Salem, NC), as well as from several well-known paper/book artists. After years of developing and expanding her skills, she is now a full-time artist specializing in bookbinding, paper making, and marbling. Anne is at heart a teacher, finding pleasure in sharing her passion for paper and book arts. This will be the last time she offers to teach paper making because of the strenuousness of the activity.

October 6, 2025 - October 8, 2025 Under the Sea: Exploring Art Beneath the Waves Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 01:00 PM - 04:00 PM EST Instructor: Evie Lennon Date: 10/6, 10/7, 10/8 Time: 1 pm - 4 pm Members: \$90 Non-Members: \$100

Grades 1–4 | 3-Day Workshop (During Hendersonville's Fall Break)

Dive into the colorful world of ocean life while learning the elements of art in this fun, hands-on art workshop! Each day, students will explore a different art form—collage, bas-relief, and assemblage—while creating sea creatures that bring the underwater world to life.

• Day 1: Crabby Collage

Students will explore shape, color, and texture as they create vibrant paper collages of playful crabs. They'll practice layering, cutting, and gluing to bring their sea critters to life while learning about the element of shape and color.

• Day 2: Fish in Motion Bas-Relief

Using simple sculptural techniques, students will create a raised underwater scene of fish swimming through coral. This project emphasizes form, space, and texture, helping students understand how flat materials can be used to create depth and dimension. • Day 3: Sea Turtle Assemblage Adventure

Students will build their own mixed-media sea turtle using a variety of recycled and found materials. This final project focuses on form, balance, and unity, while introducing assemblage as a creative art form.

By the end of the course, students will have explored key art elements and techniques while creating a mini-gallery of imaginative underwater creatures.

Beginner

Supplies: Students should bring paint shirts as we will be using acrylic paint

Artist Bio:

Evie Lennon holds a lifetime certification for Art K-12 and awards for her teaching methodology from the Missouri Art Education Association and the National Art Education Association. She is a caring and experienced art teacher.

October 9, 2025

Found Object Owl Assemblages 2021 Asheville Hwy Hendersonville, NC 28791 06:00 PM - 09:00 PM EST Instructor: Evie Lennon Date: 10/9 Time: 6 pm - 9 pm Members: \$90 Non-Members: \$100

Whether you're an art educator building a fresh sample project or an artist looking to recharge your imagination, this Thursday evening workshop invites you to experiment, play, and construct in bold new ways. Using vintage cigar box scraps, game pieces, and distressed wood, you'll design a one-of-a-kind owl sculpture that's full of personality, pattern, and purpose. Taught by mixed media artist Evie Lennon, this class blends professional guidance with open-ended exploration, and no two creatures will be alike.

All materials included (feel free to bring favorite found objects!) Learn balance, layering, and texture-building techniques

Beginner

Supplies: Provided

Artist Bio:

Evie Lennon received her BFA at Washington University in St.Louis, and holds a Master's in Studio Art from University of Missouri, Kansas City. Her assemblages have been featured in galleries at Atlanta, Minneapolis, Kansas City, and more.

October 9, 2025 - October 23, 2025 The Royal Art Club 3rd-5th Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 03:30 PM - 05:00 PM EST Instructor: Morgan Royalty Date: 10/9/2025, 10/23/2025 Time: 3:30 pm - 5:00 pm Member: \$20 per class Non-Member: \$25 per class

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October 23: We will be playing an art game that I created called "Will It Paintbrush?"! I don't want to give too much away, but get ready to experiment with new potential paintbrushes! This project will allow students to engage in problem-solving, critical thinking, and a little bit of the scientific process. Students will experiment with different materials, decide what it means to create a piece, and discover new untraditional ways of creating their own future art!

Can't join us for every class? That is okay! We would love to see you for every class, but you can sign up for a preferred class or all three classes. Each class is \$20 for Members and \$25 for Non-Members. There are only 10 spots per class, so register now to claim your spot!

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October 11, 2025

Mixed Media Mementos Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 01:00 PM - 04:00 PM EST Instructor: Miranda Wildman Date: 10/11/2025 Members: \$95 Non-Members: \$105

Learn how to create stunning mixed-media mementos on wood or canvas, perfect for sharing as thoughtful gifts or cherishing as lasting memories. Miranda will gently guide you in the use of a variety of materials, including vibrant acrylic paint, playful water-soluble crayons, assorted hand-painted paper, vintage flora and fauna ephemera, and a delightful array of surprise mixed media elements, all resulting in beautiful and expressive art pieces. Throughout our creative time together we will focus on the joy of play and the excitement of experimentation with colors, textures, and layers, encouraging creativity to flow freely.

Miranda will provide all the materials you need to create!

We warmly welcome participants of all levels of experience, from beginners to seasoned artists. Miranda will provide step-by-step, easy-to-follow instructions

Miranda believes art is for everyone! Making art together in a space without judgment challenges pre-conceived notions and inspires dialogue, cultivating understanding and compassion.

Artist Bio:

Who is Miranda? I grew up in a cozy Vermont town, basking in nature's changing beauty. Creating art with my mom and friends sparked my imagination and led me to the Maine College of Art, where I continued to appreciate New England's lush landscapes. My journey then took me to Western North Carolina, a vibrant place that fuels my creativity, drawing inspiration from its biodiversity and community connections. Through my artistic endeavors, I have come to understand that our ties with one another and with nature are essential. In a world where capitalism often encourages us to see ourselves as isolated individuals, I believe in breaking down those barriers. Art-making and appreciation belong to everyone, transcending titles and credentials. Engaging with art is a way for us to reconnect—not only with each other but with the earth itself.

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Life Drawing Studio 116 116 W. Blue Ridge Rd East Flat Rock, NC 28726 01:00 PM - 03:00 PM EST Time: 1 pm - 3 pm Location: Studio 116 Members: \$10 Non-Members: \$12

Life Drawing Sessions

Life drawing is the activity of drawing the human body from a live model. The models are typically nude, but there may be sessions in which we have models in clothing. Life drawing is a great way to build your drawing skills. These sessions are not a class but facilitated sessions. The sessions are structured, and we have short as well as longer poses. The \$10.00 fee is to provide payment to the model. The sessions will be held two times per month from 1:00 pm to 3:00 pm. The space in the classroom can be tight, so we are requesting that you sign up for the sessions to ensure that everyone has enough space. Easels, tables, and chairs are provided.

October 13, 2025

Creativity Kickstart Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28792 05:30 PM - 08:30 PM EST Instructor: Robyn Crawford Date: 10/13, 10/20, 10/27, & 11/3 Time: 5:30 pm - 8:30 pm Members: \$190 Non-Members: \$215

Feeling stuck or ready for a creative jolt? Whether you're a total beginner or a seasoned artist, this dynamic 4-week workshop is designed to reignite your artistic spark and jump-start your practice. Led by creativity coach Robyn Crawford, you'll dive into 12 hours of highly engaging, hands-on sessions that will stretch your imagination and awaken your inner artist.

Through playful cross-media experiments, energizing creative challenges, and select practices from The Artist's Way, you'll learn how to quiet your inner critic, rediscover joy in your process, and build momentum—one colorful step at a time. With fun (and optional!) "homePLAY" assignments to keep the inspiration flowing between classes, this experience is all about embracing curiosity and shaking up routine.

Spots are limited to just 12 participants, so don't wait to claim your place in this summer's most inspiring creative journey. Your art—and your soul—deserve it.

All materials are included.

Past participant comments:

"Robyn is a dynamic and enthusiastic teacher. Her class, 'Creative Kickstart', helped me to examine where I'm coming from with my art. It challenged me to think creatively in a variety of ways. The class encouraged me to be more self-aware, self-forgiving and to expand my borders when thinking creatively. Robyn gives lots of positive feedback for all art styles and skill levels."

"The class is definitely for you if you like to both play and be challenged. Making yourself think outside the box opens up all sorts of possibilities. Robyn is energetic, supportive, creative, and fun. She brings out the best in you." October 15, 2025

Sketching with Watercolor Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 10:00 AM - 11:30 AM EST Instructor: Jean Dubreuil Date: 10/15/2025 Time: 10 am - 11:30 am Member: \$80 Non-Member: \$88

Turn your travels into lasting memories by learning how to sketch with watercolors as an alternative to snapping photos. This hands-on class will guide you through the essentials of travel sketching—helping you capture scenes quickly, creatively, and with your own personal touch.

You'll explore:

Choosing your subject & composition – what makes a strong sketch Drawing & perspective – using pencil or marker to set the foundation Color palettes – selecting warm or cool tones to set the mood Watercolor techniques – experimenting with dry-on-dry, wet-on-wet, or a mix of both Resist methods – adding texture and preserving highlights Working within a time limit – creating expressive sketches on the go

Whether you're an artist looking to loosen up your technique or a traveler wanting to capture moments in a more meaningful way, this class offers a fun, approachable introduction to watercolor sketching. No prior experience is required—just curiosity and a sense of adventure!

Artist Bio:

Jean-Pierre Dubreuil was born in France in 1952. His artistic talent developed as early as lower school, where his caricatures earned him many detentions. After perfectly boring business and law studies, he joined the corporate world that led him to live in multiple places in Europe, the Middle and Far-East and eventually the USA, first in Boston 35 years and now in Asheville. Most of his trips have been documented in pencil or watercolor sketches for the last 50 years.

In Boston, he was an active member of the Cambridge Art Association and United South End Artists, where he also taught watercolors. He is now is a member of the Asheville Gallery of Arts. October 19, 2025

Collage Playshop 2021 Asheville Hwy Hendersonville, NC 28791 01:30 PM - 04:00 PM EST Instructor: Kate Stockman Time: 1:30 pm- 4:00 pm Location: Art Place Studio Workshop Members: Free Non-Members: \$5

Did you know that 40 minutes of creating art lowers the level of cortisol (the stress hormone) in the body? Art really does heal, and it's fun, too. Join us on the third Sunday of the month to take a short creative break at our Collage Playshop. No experience is necessary.

Creating art is just playing with materials. Most of us might already have our supplies ready and organized, but just don't have or take the time to play and create! This free Sunday session offers the time, space, and supplies to encourage playing and creating to anyone who is interested.

Kate will provide an embarrassment of collage supplies (including magazines, catalogs, glue sticks, foundation, etc.) to get folks started. Attendees can bring something they're already working on, their own images, magazines, etc. (be sure to bring your own scissors!) Prompts will be offered, but it's completely up to you what you want to collage! This is a casual gathering to bring the community together to create art and everyone is welcome to join! Bring a friend!

This event is free but requires registration. There is a \$5.00 room use fee that will be collected and given to the Art League.

October 26, 2025

Life Drawing Studio 116 116 W. Blue Ridge Rd. East Flat Rock, NC 28726 01:00 PM - 03:00 PM EST Time: 1 pm - 3 pm Location: Studio 116 Members: \$10 Non-Members: \$12

Life Drawing Sessions

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November 2, 2025

Mindful Mark-Making: Nature Patterns 2021 Asheville Hwy Hendersonville, NC 28791 11:00 AM - 12:30 PM EST Instructor: Kara Ashley-Gilmore Date: 11/2/2025 Location: Art Place Studio Workshop Members: \$30 Non-Members: \$35

Join us for a relaxing session of mindful art-making. We will incorporate the 7 principles of mindfulness while we use watercolors and drawing materials as tools for relaxation. You'll be led through a series of creative mark-making exercises and grounding techniques, followed by a longer, meditative painting & mark-making session.

During this month's session, we will use watercolor paints and mark-making tools to create layered nature-based patterns on paper.

Each session includes: -A "Principles of Mindfulness for Art-Making" guide -An opening mindfulness meditation -A mark-making instruction template -Bilateral drawing and breath work warm-up exercises -An extended mindful mark-making & painting session -A closing sharing circle

-March Session: Neurographic Art -April Session: Petri Paintings -May Session: Abstract Patterns -September Session: Mandalas -November Session: Nature Patterns

Beginner

Supplies:

All supplies will be provided and may include watercolor paints, various drawing pens, pencils, pastels, and acrylic paint markers. Bring your willingness to play, and your desire to connect and share!

Artist Bio:

Kara Ashley-Gilmore believes in the use of our innate creativity for our wellness and healing. She is a Licensed Clinical Mental Health Counselor, Board-Certified Art Therapist, Somatic Experiencing Practitioner, and a mixed-media artist at the Art Place Studios, in Hendersonville. As an artist, Kara paints intuitively, often incorporating bright colors with layers of paint, text, and collage, to process life and express themes of hope and encouragement. Art-making has always been an important part of her self-care, and her studio is her personal space to experiment and play. Ultimately, all of her work is about helping people be more creative, use their creativity for personal growth, and incorporate creativity into their daily lives. Her art therapy workshops are tailored to those who appreciate opportunities for creative exploration–with gentle guidance, in a nonjudgmental, quiet atmosphere. November 6, 2025 - November 7, 2025 Cubist Still Life for Creatives 2021 Asheville Hwy Hendersonville, NC 28791 01:00 PM - 04:00 PM EST Instructor: Evie Lennon Date: 11/6 - 11/7 Time: 1 pm - 4 pm Members: \$90 Non-Members: \$100

A Rich Alternative to "Sip and Paint" – For Artists Without a Lane This Cubist Still Life workshop offers a fresh, immersive experience for experienced adult creatives ready to reconnect with life-drawing in new, unexpected ways. Participants are provided with curated still-life arrangements and unique materials like wallpaper scraps and vintage ephemera, acrylic paint, permanent glue sticks, etc. Instead of step-by-step templates, techniques for building bold compositions and mastering value contrast are offered.

Enjoy energizing creativity in a warm, judgment-free space. All materials provided – or bring your own flair.

Intermediate

Supplies: Provided

Artist Bio:

Evie Lennon received a BFA from Washington University School of Fine Arts in St. Louis, a M.A. in Studio Arts from University of Missouri, Kansas City, and holds a Lifetime Teaching Certificate, Art K-12 from Avila University. Her nearly 20 year teaching career spans from kindergarten to undergraduate, and includes Kansas City Art Institute and chairing the Art Department at Paseo Academy of Fine and Performing Arts. She has had solo exhibits in St. Louis, Kansas City, Tulsa, Atlanta, and Minneapolis. Evie Lennon wrote and illustrated the best-selling art journaling guide, "DRAWING Comfort for Chronic Conditions." November 8, 2025

Gratitude Bowls 2021 Asheville Hwy Hendersonville, NC 28791 10:00 AM - 12:30 PM EST Instructor: Kara Ashley-Gilmore Date: 11/8/2025 Location: Art Place Studio Workshop Members: \$50 Non-Members: \$60

"For it is not joy that makes us grateful; it is gratitude that makes us joyful." -Brother David Steindl-Rast

A "Gratitude bowl" can be part of forming a daily gratitude practice or ritual. Gratitude practices have been found to create physical changes in our brains. It's not about denying reality, or only thinking happy thoughts, as most critics claim. It's a way to create some space between our automatic thoughts and our feelings. It helps us pause long enough to notice how we have been thinking about our lives, and it provides an opportunity to take a slightly different perspective.

During this "Gratitude Bowl" making workshop, we will form our bowls using plaster gauze and decorate with scraps of paper and paint. Once complete, you may use your bowls to hold little reminders of all the wonderful things you are thankful for throughout the year.

All supplies will be provided, and may include various papers, paints, collage materials, adhesives, plaster gauze, and bowl "armatures". Bring your willingness to play, and your desire to connect and share!

Beginner

Artist Bio:

Kara Ashley-Gilmore believes in the use of our innate creativity for our wellness and healing. She is a Licensed Clinical Mental Health Counselor, Board Certified Art Therapist, Somatic Experiencing Practitioner, and a mixed-media artist at the Art Place Studios, in Hendersonville. As an artist, Kara paints intuitively, often incorporating bright colors with layers of paint, text, and collage, to process life and express themes of hope and encouragement. Art-making has always been an important part of her self-care, and her studio is her personal space to experiment and play. Ultimately, all of her work is about helping people be more creative, use their creativity for personal growth, and incorporate creativity into their daily lives. Her art therapy workshops are tailored to those who appreciate opportunities for creative exploration–with gentle guidance–in a non-judgemental, quiet atmosphere. November 15, 2025

Watercolor Shadowplay Workshop Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 01:00 PM - 04:00 PM EST Instructor: Miranda Wildman Date: 11/15/2025 Time: 1 pm - 4 pm Members: \$95 Non-Members: \$105

Join us for a magical and relaxing afternoon of art making where Miranda will share her shadow painting techniques with you by way of the delightful use of watercolor paints, pencils, and various papers to create enchanting art pieces inspired by shadows. Together, we will explore the mesmerizing interplay of lights, captivating shadows, intriguing shapes, and vibrant colors as we playfully engage with beautiful botanicals as our inspiration. All of this unfolds while we bask in the cozy glow of the wonderful atmosphere that Miranda lovingly prepares for us.

Miranda will provide all the materials you need to create several artworks on good-quality paper.

We warmly welcome participants of all levels of experience, from beginners to seasoned artists. Miranda will provide step-by-step, easy-to-follow instructions

Miranda believes art is for everyone! Making art together in a space without judgment challenges pre-conceived notions and inspires dialogue, cultivating understanding and compassion.

Artist Bio:

Who is Miranda? I grew up in a cozy Vermont town, basking in nature's changing beauty. Creating art with my mom and friends sparked my imagination and led me to the Maine College of Art, where I continued to appreciate New England's lush landscapes. My journey then took me to Western North Carolina, a vibrant place that fuels my creativity, drawing inspiration from its biodiversity and community connections. Through my artistic endeavors, I have come to understand that our ties with one another and with nature are essential. In a world where capitalism often encourages us to see ourselves as isolated individuals, I believe in breaking down those barriers. Art-making and appreciation belong to everyone, transcending titles and credentials. Engaging with art is a way for us to reconnect—not only with each other but with the earth itself.

The Art of Feeling at Home: an Art Therapy Workshop Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 06:00 PM - 07:30 PM EST Instructor: Kara Ashley-Gilmore Date: 11/17/2025 Members: \$50 Non-Members: \$60

What does it mean to feel at home? And how do we cultivate this feeling in the midst of change and uncertainty?

During this art therapy workshop, we will explore the meaning and feeling of home. You'll create a personal cut-and-folded book, using color, texture, collage, found images, paint, and text, to build a tangible representation of your inner sanctuary.

Art Therapy Workshops are an opportunity to explore a particular theme or concept and are designed to encourage creative play, self-care, emotional expression, and connection with self and others. This workshop will consist of an opening check-in, open art-making time (connected to the theme), and a closing circle for sharing our art.

Like all art-making, this Art Therapy Workshop may be therapeutic, but it is not a substitute for therapy. Privacy in the Art Place Studio classroom is not guaranteed. We ask that all attendees keep confidentiality: Don't share other group members' stories or personal information without express permission. You are welcome to share your experiences and insights using "I-statements," but refrain from advice-giving or problem-solving for others unless specifically requested.

All supplies will be provided, and may include various papers, magazines, craft paints, collage materials, colored pencils, watercolor paints, markers, and oil pastels. No art experience is required. The focus is on the process, exploration, discovery, and play.

Artist Bio:

Kara Ashley-Gilmore believes in the use of our innate creativity for our wellness and healing. She is a Licensed Clinical Mental Health Counselor, Board Certified Art Therapist, Somatic Experiencing Practitioner, and a mixed-media artist at the Art Place Studios in Hendersonville. As an artist, Kara paints intuitively, often incorporating bright colors with layers of paint, text, and collage, to process life and express themes of hope and encouragement. Art-making has always been an important part of her self-care, and her studio is her personal space to experiment and play. Ultimately, all of her work is about helping people be more creative, use their creativity for personal growth, and incorporate creativity into their daily lives. Her art therapy workshops are tailored to those who appreciate opportunities for creative exploration, with gentle guidance, in a nonjudgmental, quiet atmosphere. December 6, 2025 - December 7, 2025

In this soulful weekend class, you'll repurpose old license plates and vintage map atlases into a richly layered art journal—part sketchbook, part written reflection, part passport to future adventures. A combination of guided imagery, and writing, and art prompts are designed to help you tap into a deeper appreciation for where you've been and greater clarity about where you are headed next.

Intermediate

Supplies: Provided

Artist Bio:

Led by Evie Lennon, author and illustrator of the best-selling art journaling guide "Drawing Comfort for Chronic Conditions." Mapping an internal emotional journey is your license to create a one-of-a-kind journal for yourself or someone you love. Return of the Light: Lamps + Lanterns Workshop Art Place Studios 2015 Asheville Hwy Hendersonville, NC 28791 04:00 PM - 07:00 PM EST Instructor: Miranda Wildman Date: 12/21/2025 Time: 4 pm - 7 pm Member: \$60 Non-Member: \$66

Celebrate the joy of the Winter Solstice with a cheerful, creative gathering. We'll craft glowing lamps and tabletop lanterns using upcycled, recycled, and vibrantly colorful materials, transforming the ordinary into extraordinary pieces of light and magic. Each lamp or lantern will shine as a symbol of renewal and new beginnings. No experience needed—just bring your spark and enjoy a playful, uplifting process while you connect and engage with new and old friends. All materials provided, along with sparkling wine and fizzy water, as we enjoy making art and the return of the light together.

Hint: these lamps and lanterns will make perfect holiday gifts!

Miranda believes that art is for everyone. Making art together in a space without judgment challenges pre-conceived notions and inspires dialogue, cultivating understanding and compassion.

Artist Bio:

Who is Miranda? I grew up in a cozy Vermont town, basking in nature's changing beauty. Creating art with my mom and friends sparked my imagination and led me to the Maine College of Art, where I continued to appreciate New England's lush landscapes. My journey then took me to Western North Carolina, a vibrant place that fuels my creativity, drawing inspiration from its biodiversity and community connections. Through my artistic endeavors, I have come to understand that our ties with one another and with nature are essential. In a world where capitalism often encourages us to see ourselves as isolated individuals, I believe in breaking down those barriers. Art-making and appreciation belong to everyone, transcending titles and credentials. Engaging with art is a way for us to reconnect—not only with each other but with the earth itself. January 5, 2026 - January 26, 2026 What if? 2021 Asheville Hwy Hendersonville, NC 28791 10:00 AM - 04:00 PM EST Instructor: Mary Alice Braukman Dates: 1/5, 1/12, 1/19, 1/26 Time: 10 am - 4 pm (1-hour Lunch Break) Member: \$540 Non-Member: \$595

This workshop is designed to encourage you to take your art in new directions. The class will be working with a wide variety of mediums, colors, collage, and experimenting on different surfaces with various transfer techniques. Each student will be encouraged to find his or her unique personal direction, whether working abstractly or representational. Individual guidance and critiques will be offered daily, as well as a class critique on the final day.

This class is open to anyone who would like to explore mixed media techniques, layering, collage, transfers, and how to apply these into your paintings. If you feel you are stuck, let's hope this will open up new ideas. Ask yourself "what if" and begin exploring those ideas.

Creativity is bigger than you. Curiosity is the basis of creativity. If you have passion for art that's you. If you've lost it you can get it back with curiosity, EVERYONE CAN BE CREATIVE ... YOU HAVE THE RIGHT TO BE CREATIVE -Elizabeth Gilbert, Big Magic

Supply List: Brushes:

I like using flat brushes: 1`", 2", 3"- or larger. ?Foam brushes or inexpensive ones for glue etc.

Colors:

Prefer Golden fluid acrylics and their heavy body ones, but I do use some Liquitex. Golden's colors are best. Nichol Azo Gold or Quinacridone Orange or both Quinacridone Magenta, or Red, Phthalo Turquoise Black (gesso or paint)White (gesso or paint)

Note: (These are three transparent colors that I will show how you can make all your colors and never have mud. BUT - Bring any you like using. - how you can tell if the color is transparent: If you paint a color over a black line the opaques will cover it but if transparent you will see black line.)

Painting material:

1 (Two) Birchwood cradles 16" x 16" or Panels 16" x 16" Can use canvas if you prefer. I'm rough on them and I like the wooden panels or cradles. If you cannot find the 16" ones - Then any square but not smaller then 10" x 10" or larger than 20" x 20" If you have an old painting you would like to re-work - bring them along. I love painting over old paintings and giving them new life. We will be doing collage in this class! Freezer Paper (grocery store) or palette paper - prefer you not use paper or plastic

plates

Scissors or X-acto or single edge razor blade Colored pencils/crayons - I prefer Stabilo pencils and crayons also like oil pastels (Many of these supplies i will have and you are welcome to try.) Gloss Fluid and Matt Fluid Mediums On loan: Gator Boards for support of your collage substrates Collage materials but the student may bring their own pieces. Black India ink (small container) Newspapers A magazine (Architectural Digest, Better Homes and Gardens, etc.) Rags to use for buffing and cleaning your brush Paper towels Scrapers (old credit cards, room keys, or and thing you use to scrape paint even shapers.) Sketch book one with paper that will take paint. I like the spiral ones - they will lay flat. Sand Paper (fine and medium) If you have a brayer, bring it. Masking tape - the blue 1 or 2" Shipping tape - transparent 2" wide or 3" Geli plate if you have one. I have 5 and we can share do not buy one.

Many of these items can be found at Walmart, The Dollar Store, Michaels, and Lowe's. Starving Artists carries all of these as well as Jerry's Art Online.

Most important material: COME WITH AN OPEN MIND. READY TO EXPLORE AND OPEN NEW DIRECTIONS IN YOUR WORK..WHAT IF? GO WITH IT!

Any questions, feel free to call or text or email me. Mary Alice Braukman - 727/418-3041 braukman@me.com

Artist Bio:

Braukman, a native Floridian, now makes her home in Pisgah Forest, NC. She is a member of the Florida Watercolor Society and holds signature status in the National Watercolor Society. Mary Alice has a Bachelor of Science degree in Art Education and Fine Arts from Florida State University. She continued graduate studies at the University of Colorado and Eckerd College in the Tampa Bay area. She is a past president of the Florida Watercolor Society and was director of the Kanuga Water-media Workshops for 15 years. Mary Alice was invited to be guest editor of the American Artist Magazine's Special Issue: Experimental Approaches to Water-media and Watercolor in 2001. In 2022 she was one of three selected jurors of the National Watercolor Society International Open Exhibition and served in selecting those receiving their NWS signature status. As a painter Mary Alice's primary focus is on texture and color. Her life experiences and everyday visions get filtered through her artistic eye and transformed into an abstract body of work. Her experiences come forth in a myriad of techniques - a pour of transparent colors or by layers of collage and brush strokes which she unearths the colors beneath bringing color and texture into her paintings. She believes a painter must paint the way he or she feels - they must paint in spite of themselves not the way you think you should paint. There is no one method that will guarantee success or acceptance in a show - it is not that simple. The painter paints because it is who they are - it is their journey.