

## Calendar of Events

Gallery@artleaguehvl.org

September 15, 2024  
- February 5, 2025

### **Youth ArtScape 2024-2025 Exhibit Official Registration**

**Jackson Park**

07:00 AM - 11:45 PM EST

*Youth Banner 2024 - 2025*

*Artwork from the youth of Henderson County will be displayed on banners within Jackson Park of Henderson County. We will hang 12 - 15 banners with 12-24 images from our juried work. The banners will remain in Jackson Park for the 2024-2025 season.*

*Youth Artscape is open to Henderson County residents only. Applicants must be 17 years old or younger, attending grades 1-12. Homeschool students are welcome to apply.*

*2D and 3D fine art, fine craft and photography will be considered.*

*The area on the banner that will display the artwork is about 24 x 24.*

*Artwork not square will be considered. Artwork not square will be cropped at the discretion of the committee.*

*Artwork must be suitable for public viewing in community spaces.*

*When choosing your entries consider how it will look from a distance and high on a light pole. Vibrant colors and high contrast work best.*

*Not all entries will be accepted due to limited space. Jury members will be selected from the community and an email invitation will be sent. Parents must sign off on allowing their student's work to be exhibited.*

October 14, 2024

### **Delicious Details - Art for Lunch**

**Art Place Studio classroom**

**2015 Asheville Hwy**

**Hendersonville, NC 28791**

12:00 PM - 01:00 PM EST

*Come join us as we savor various courses of art! This month, a panel of members will share their passions for creating art. They will talk about their art, their journey to discover their art, and their art process. What do they hope for as they create their art? What do they look for in others' art? Free to members (but we don't serve lunch -- while you're welcome to brown bag). This series meets monthly on the second Monday from 12 - 1 (or so) in the Studio classroom. Please register to ensure adequate space for all.*

October 20, 2024

**Collage Playshop**

**2021 Asheville Hwy**

**Hendersonville, NC 28791**

01:30 PM - 04:00 PM EST

*Did you know that 40 minutes of creating art lowers the level of cortisol (the stress hormone) in the body? Art really does heal, and it's fun, too. Join us on the third Sunday of every month to play with collage art and take a short creative break at our Sunday Collage & Play. No experience necessary.*

*Creating art is just playing with materials. Most of us might already have our supplies ready and organized, but just don't have or take the time to play and create! This free Sunday session offers the time, space, and supplies to encourage playing and creating to anyone who is interested in exploring the paper collage medium.*

*The instructor will provide an embarrassment of collage supplies (including magazines, catalogs, glue sticks, etc.) to get folks started. Attendees can bring something they're already working on, their own images, magazines, etc. (please also bring your own scissors!) Prompts will be offered, but it's completely up to you what you want to collage! This is a casual gathering to bring community together to create art and everyone is welcome to join! Bring a friend!*

*This event is free but requires registration. There is a \$5.00 usage fee that will be collected.*

October 21, 2024

- October 22, 2024

**Resisting Designs on Silk With Robyn Crawford (2 days)**

**Art Place Gallery**

**2021 Asheville Hwy**

**Hendersonville, NC**

10:00 AM - 01:00 PM EST

*Instructor: Robyn Crawford*

*Class dates: October 21 & 22 10 - 1pm*

*Fee: Members \$135; Non-members \$150*

*Maximum class size is 6*

*Silk painting is a form of art that originated in India and Eastern Asia and has been around for centuries. In this two morning class you will create a beautiful 8x54 inch silk scarf. Instructor Robyn Crawford will walk you through the whole process from start to finish. Day one we will prepare the silk and apply a design using resist. The next day will fill the outlines in with color. So much fun and so very addictive. No experience necessary. Wear your messy clothes. Space is limited, so class size is small, grab your spot!*

October 21, 2024  
- October 22, 2024

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**Art Place Gallery**  
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November 11, 2024

**Delicious Details - Art for Lunch**

**Art Place Studio classroom**  
**2015 Asheville Hwy**  
**Hendersonville, NC 28791**

12:00 PM - 01:00 PM EST

*Come join us as we savor various courses of art! This month, a panel of members will share their passions for creating art. They will talk about their art, their journey to discover their art, and their art process. What do they hope for as they create their art? What do they look for in others' art? Free to members (but we don't serve lunch -- while you're welcome to brown bag). This series meets monthly on the second Monday from 12 - 1 (or so) in the Studio classroom. Please register to ensure adequate space for all.*

December 9, 2024

**Delicious Details - Art for Lunch**

**Art Place Studio classroom**  
**2015 Asheville Hwy**  
**Hendersonville, NC 28791**

12:00 PM - 01:00 PM EST

*Come join us as we savor various courses of art! This month, a panel of members will share their passions for creating art. They will talk about their art, their journey to discover their art, and their art process. What do they hope for as they create their art? What do they look for in others' art? Free to members (but we don't serve lunch -- while you're welcome to brown bag). This series meets monthly on the second Monday from 12 - 1 (or so) in the Studio classroom. Please register to ensure adequate space for all.*

September 16, 2024  
- October 7, 2024

**Creativity Kickstart with Robyn Crawford**  
**Art Place Gallery Classroom**  
**2021 Asheville Highway**

10:00 AM - 01:30 PM EST

*Instructor: Robyn Crawford*

*Class dates: September 16, 23, & 30 October 7 10-1:30*

*Fee: Members \$190; Non-members \$215*

*Maximum class size is 10*

*Creativity Kickstart*

*Ready to infuse some excitement into your art no matter what your medium or level? From absolute beginners to veteran artists, everyone can benefit from shaking things up in their creative practice. Have you been struggling to get going with your art or have fallen into a creative slump? This workshop is for you!*

*Join creativity coach and instructor Robyn Crawford as she takes you on an exciting, 4-week artistic adventure that's sure to get your creative juices flowing! In this 12-hour, highly interactive course, you'll kickstart your creativity by participating in stimulating cross-media art experiments, solving fun creativity-building challenges, working through selected The Artist's Way best practices, learning how to deal with your inner critic, and doing fun, optional "homePLAY" assignments.*

*Don't put your art (and YOU!) on the back burner. Register for the fall session! This class is limited to 10 people. Class start time is 10:00 a.m. and it runs til 1:00 p.m. Class dates are: October 16,23,30, and Nov 6. Please also reserve Nov. 13th on your calendar as a make up day if we need it. You will know by the 1st class if this date will be necessary.*

*Past participant comments::*

*"Robyn is a dynamic and enthusiastic teacher. Her class, 'Creative Kickstart', helped me to examine where I'm coming from with my art. It challenged me to think creatively in a variety of ways. The class encouraged me to be more self-aware, self-forgiving and to expand my borders when thinking creatively. Robyn gives lots of positive feedback for all art styles and skill levels."*

*"The class is definitely for you if you like to both play and be challenged. Making yourself think outside the box opens up all sorts of possibilities. Robyn is energetic, supportive, creative, and fun. She brings out the best in you."  
Supplies included.*

October 8, 2024

**Hand Painted Silk Scarves - Daytime with Robyn Crawford**

**The Art Place Gallery Classroom**

**2021 Asheville Hwy**

**Hendersonville, NC 28791**

10:00 AM - 01:00 PM EST

*Instructor: Robyn Crawford*

*Class date: October 8, 10-1*

*Fee: Member \$95.00; Non-member \$110*

*Maximum class size is 6*

*Hand Painted Silk Scarves*

*About the Class: Looking for some fun? Join local Artist Robyn Crawford to learn some basic beginner techniques for painting on silk. No experience necessary. All materials will be provided for you to create two hand-painted colorful scarves of your own!*

*Robyn Crawford studied at Emerson College, Massachusetts College of Art, and Rochester Institute of Technology's School of Photographic Arts and Sciences. She has been a mixed media artist, photographer, teacher, and creativity coach for over 30 years and has exhibited work throughout the Carolinas. She loves working with new materials and finds that it shakes things up and generates new ideas in other mediums as well. She uses her own images, clay, acrylics, mosaic, handmade papers, hot glass, metal, resin, crystals, and more to create fun, colorful pieces of work that connects her to spirit*

October 8, 2024

**Hand Painted Silk Scarves - Evening with Robyn Crawford**

**Art Place Gallery Classroom**

**2021 Asheville Hwy**

**Hendersonville, NC 28791**

05:30 PM - 08:30 PM EST

*Instructor: Robyn Crawford*

*Class date: October 8, 5:30-8:30*

*Fee: Member \$95.00; Non-member \$110*

*Hand Painted Silk Scarves*

*About the Class: Looking for some fun? Join local Artist Robyn Crawford to learn some basic beginner techniques for painting on silk. No experience necessary. All materials will be provided for you to create two hand-painted colorful scarves of your own!*

*Robyn Crawford studied at Emerson College, Massachusetts College of Art, and Rochester Institute of Technology's School of Photographic Arts and Sciences. She has been a mixed media artist, photographer, teacher, and creativity coach for over 30 years and has exhibited work throughout the Carolinas. She loves working with new materials and finds that it shakes things up and generates new ideas in other mediums as well. She uses her own images, clay, acrylics, mosaic, handmade papers, hot glass, metal, resin, crystals, and more to create fun, colorful pieces of work that connects her to spirit*

October 10, 2024  
- November 7, 2024

### **5 week Acrylic Painting with Marguerite Gricius**

**Art Place Studio Classroom**

**2015 Asheville Hwy**

**Hendersonville, NC 28791**

05:30 PM - 08:30 PM EST

*Instructor: Marguerite Gricius*

*Date: October 10 - November 7, 5:30-8:30 No class October 24*

*Location: Art Place Studio Classroom*

*Fee: Members 250.00, Non Member \$265.00*

*About the Class: Have you ever gone to an art show and admired a piece of work that looked amazing and passionately desired to learn how to be as good as that artist or gone to an art gallery and have always been mystified and curious how that artist completed his or her painting? Or are you thinking about enrolling into a community college or a four-year degree college but you feel that your skills are not quite good enough - are you lacking confidence? Or are you simply wanting to take a break from the stress of life and have time to sit down in the evening to relax socialize with other artists and have a great time while learning?*

*Well I can get you there. I have a four-year degree in studio art from Coastal Carolina University I exhibited in numerous galleries and I sell online regularly. Come out and learn and have fun come join us for 5 week adventure learning and loving watercolor painting all skill levels welcome.*

*Supplies: Students will be responsible for their own supplies. Instructor will send attendees a list of supplies such as a range of colors, watercolor tubes, 140 lb paper, painter's tape, pencil with erasers, blocking medium if you have it, water containers, fine brushes.*

*Artist Bio: Marguerite has taught at many local community centers and through the public school systems. Marguerite Gricius has a bachelor's degree in studio art from Coastal Carolina University her artwork sells regularly online and in galleries. View her instagram*

*post: <https://www.instagram.com/p/B8sEqXvH42Z/?igsh=MTFmaXQwazk4djlybw%3D%3D&sfnsn=mo>*

October 12, 2024

### **Life Drawing**

**Art Place Gallery Classroom**

**2021 Asheville Hwy**

**Hendersonville, NC 28791**

01:00 PM - 03:00 PM EST

*This is a live model drawing session. There is no instructor but there will be a facilitator. Participants can drop in and pay at the door, although registration is needed so the facilitator has an idea of the number of participants. Your fee is \$10.00 payable at the door. There will be nude models at the Gallery Classroom where the curtains can be closed. Dates are Saturday 1-3 August 24, September 14 & 28, October 12 & 26. Registration for each session is separate and can be done through the Take a Class tab on the website.*

*Bring a drawing pad and pencils.*

October 13, 2024

## **Create Your Own Family Story Necklace**

**The Art Place Gallery Classroom**

**2021 Asheville Hwy**

**Hendersonville, NC 28791**

01:00 PM - 04:00 PM EST

*Instructor: Kate Stockman*

*Date: October 13, 2024, 1-4pm*

*Location: The Art Place Gallery Classroom*

*Fee: Member \$50.00, Non-Member 65.00 Additional fee of \$100 for materials payable to the instructor.*

*Maximum Class Size: 9*

*About the Class: Create Your Own Family Story Necklace.*

*Do you have beloved ancestral jewelry languishing in your jewelry box waiting to be celebrated and adored again? Your mothers, grandmothers, aunts, sisters have shared special adornments and heirlooms with you. Sort through those pendants, charms, talismans, single earrings, rings, bracelets, chains, etc., dust them off, and bring them to this simple jewelry making class. Your Family Story necklace (and earrings & bracelets) will hold your favorite pieces that remind you that your mothers are still with you and that love never dies.*

*This is a simple jewelry-making class, so don't be intimidated! I will provide instruction, demonstrations, sterling chain and findings, and vintage Swarovski beads. There's lots to play with as you arrange and assemble your rich, story-filled necklace. This will give you an introduction to "how to" create jewelry so that you can use other treasures to create Story Necklaces for others in your family.*

*As you consider your necklace, think about your loved ones' favorite colors; perhaps that can give you a direction to start imagining which of your treasures you will choose (for this necklace). I will have a plethora of vintage Swarovski crystal beads to match almost any color you might have in mind! What fun you'll have as you sort through your treasures! And again, when you create your necklace, you may share a story or two with others. Bring whatever jewelry calls to "take me!" We won't use them all, but they'll at least be there for the party. Play with your intuition. That's all assemblage jewelry is: playing with one's imagination (and one's fodder) and using a few simple techniques.*

*(Just to be sure you know: I am an assemblage artist, not a metalsmith nor a lapidarist. I will offer cold connection assemblage jewelry instruction. But we won't be able to repair, solder, etc. what you bring. I can show you how to turn some pins into pendants, but that's about it. If you want to include a special pendant, etc, in need of repair, please have that repair done before the class.)*

*We'll need needle-nose pliers, flat nose pliers, round needle nose pliers, and a wire cutting tool. If you have any, please bring them along also. Otherwise, we may share tools as well as stories! I have some jewelry tools to share.*

*Our mothers still celebrate us. Let's circle to celebrate them! This will be an intro to simple jewelry assemblage. No previous skills necessary. Sense of adventure and exploration are necessary!*

*Supplies: I provide basic sterling silver components (chain, findings, clasps) as well as vintage Swarovski crystals. Students will bring their treasured jewelry pieces to add their stories to their necklace. Students also need to bring needle-nose pliers, flat nose pliers, round needle nose pliers, and wire cutting tool. \$100 materials fee to be paid directly to Kate.*

October 19, 2024

**Stone Covered Mica Booklace**  
**Art Place Gallery Classroom**  
**2021 Asheville Hwy**  
**Hendersonville, NC 28791**  
11:00 AM - 05:00 PM EST  
*Instructor: Kate Stockman*

*Date: October 19, 11am-5pm*

*Location: The Art Place Gallery Classroom*

*Fee: Members: \$125, Non-members: \$140.*

*Maximum Class Size: 9*

*About the Class: Who says it isn't written in stone? We will craft a unique, stone-covered mini-book as a pendant for a necklace! Pages will be made of mica with words cut from vintage texts to give a thought and to complement the cover. Back covers will be made of leather with an opportunity for an image on the inside covers. Then we will create the metal binding for the book, which will also be the attachment to a chain. (Metals provided are all of copper; if you want to use another metal, please bring with you.) Basic supplies (stone covers, leather, texts, mica, wire, chain) are provided. Feel free to bring what you might like to use for yourself.*

*Supplies: I provide basic supplies including stone cover, leather, mica, text, wire, chain*

*Students must provide: exacto knife, Straight edge/ruler, self-healing pad to protect table, scissors, Awl for punching holes in mica, pencil, images handmade papers (I will have some, too), close-up glasses, if you need them.*

*Artist Bio: Kate Stockman believes she was a monk in a previous lifetime. She finds deep peace in stitching books. Her "Treasures Re-Covered" series uses antique/vintage book covers fated to the recycle bin into unique handmade journals. Kate is also an assemblage jewelry artist (focusing on vintage sterling) and a collage/paper artist. She and her wood-turner husband Andrew live in a little cabin in the woods outside of Saluda. She is grateful.*



October 20, 2024

**Collage Playshop**  
**Art Place Gallery classroom**  
**2021 Asheville Hwy**  
**Hendersonville, NC 28791**

01:30 PM - 04:00 PM EST

*Did you know that 40 minutes of creating art lowers the level of cortisol (the stress hormone) in the body? Art really does heal, and it's fun, too. Join us on the third Sunday of every month to play with collage art and take a short creative break at our Sunday Collage & Play. No experience necessary.*

*Creating art is just playing with materials. Most of us might already have our supplies ready and organized, but just don't have or take the time to play and create! This free Sunday session offers the time, space, and supplies to encourage playing and creating to anyone who is interested in exploring the paper collage medium.*

*The instructor will provide an embarrassment of collage supplies (including magazines, catalogs, glue sticks, etc.) to get folks started. Attendees can bring something they're already working on, their own images, magazines, etc. (please also bring your own scissors!) Prompts will be offered, but it's completely up to you what you want to collage! This is a casual gathering to bring community together to create art and everyone is welcome to join! Bring a friend!*

*This event is free but requires registration. There is a \$5.00 usage fee that will be collected.*

October 20, 2024

**Discovering Watercolor Art with Guest Artist Kurt Jarvis**  
**The Art Place Studio Classroom**  
**2015 Asheville Hwy**  
**Hendersonville, NC 28791**

01:30 PM - 04:00 PM EST

*Instructor: Kurt Jarvis*

*Date: October 20, 1:30 - 4:00*

*Location: The Art Place Studio Classroom*

*Fee: Member \$60.00, Non-Member 75.00*

*Maximum Class Size: 6*

*About the Class: This is "Discovering Watercolor Art" designed for those with no or little art experience. For those with prior art experience in any media this class will provide the essentials to start or continue in watercolor. Don't be intimidated, this is a sure fire way to get started knowing how to apply watercolors to a sketch. The instructor will provide dozens of sample pictures for inspiration. Best of all, this workshop includes all supplies and each student will finish with their art work matted and framed in a glass frame.*

*Supplies: All supplies are included - art work matted and framed*

*Artist Bio: Kurt Jarvis has had a lifetime of art teaching in several media. In past years he did sculpturing work in porcelain clay, teaching and selling miniature wildlife porcelain hand building for many years. In recent years he has worked in acrylic and in more recent years specializing and teaching watercolor. He teaches Watercolor Art, Under the Sea Watercolors, Beginning Watercolor pencils, Chinese Brush essentials, Text art and Cigar Box text art in Myrtle Beach, SC.*

October 21, 2024  
- October 22, 2024

**Resisting Designs on Silk With Robyn Crawford (2 days)**

**Art Place Gallery**  
**2021 Asheville Hwy**  
**Hendersonville, NC**

10:00 AM - 01:00 PM EST

*Instructor: Robyn Crawford*

*Class dates: October 21 & 22 10 - 1pm*

*Fee: Members \$135; Non-members \$150*

*Maximum class size is 6*

*Silk painting is a form of art that originated in India and Eastern Asia and has been around for centuries. In this two morning class you will create a beautiful 8x54 inch silk scarf. Instructor Robyn Crawford will walk you through the whole process from start to finish. Day one we will prepare the silk and apply a design using resist. The next day will fill the outlines in with color. So much fun and so very addictive. No experience necessary. Wear your messy clothes. Space is limited, so class size is small, grab your spot!*

October 26, 2024

**Life Drawing**

**Art Place Gallery Classroom**  
**2021 Asheville Hwy**  
**Hendersonville, NC 28791**

01:00 PM - 03:00 PM EST

*This is a live model drawing session. There is no instructor but there will be a facilitator. Participants can drop in and pay at the door, although registration is needed so the facilitator has an idea of the number of participants. Your fee is \$10.00 payable at the door. There will be nude models at the Gallery Classroom where the curtains can be closed. Dates are Saturday 1-3 August 24, September 14 & 28, October 12 & 26. Registration for each session is separate and can be done through the Take a Class tab on the website.*

*Bring a drawing pad and pencils.*

October 26, 2024

**Gelli Printing Playdate with Charlotte Horton**

**The Art Place Studio Classroom**

**2015 Asheville Hwy**

**Hendersonville, NC 28739**

12:45 PM - 03:15 PM EST

*Instructor: Charlotte Horton*

*Date: October 26, 2024, 1-3pm*

*Location: The Art Place Studio Classroom*

*Fees: Member 30.00, Non-Member 45.00*

*Maximum Class Size: 10*

*Gelli Printing: Creative Monoprint Techniques*

*About the Class:*

*Discover the vibrant world of Gelli printing in this fun and hands-on class! Perfect for beginners and experienced artists alike, this course will teach you how to create stunning monoprints using a Gelli plate. You'll explore a variety of techniques such as layering, stenciling, and masking to produce beautiful, one-of-a-kind prints. Through guided demonstrations and plenty of creative experimentation, you'll learn how to use different paints, papers, and textures to achieve dynamic effects.*

*By the end of the class, you'll have a collection of unique prints that can be used in mixed media projects, collages, journals, or as stand-alone works of art. Bring your creativity and get ready to explore the endless possibilities of Gelli printing! All skill levels are invited.*

*Supplies: All supplies provided*

*Artist Bio:*

*Charlotte Horton is a mixed media artist known for her experimental and multilayered approach to art. She enjoys experimenting with a variety of mediums and techniques, often incorporating unexpected materials into her work. She likes to push her materials and discover new ways to use them. Charlotte is also known for including subtle, hidden elements within her pieces, inviting the viewer to look closer and discover new meanings and interpretations. Charlotte's work is a reflection of her curiosity and desire to explore the world around her. With a keen eye for detail and a playful spirit, this artist's work is both visually striking and thought-provoking, encouraging the viewer to engage with the piece in a deeper and more meaningful way.*

November 17, 2024

**Collage Playshop**  
**Art Place Gallery classroom**  
**2021 Asheville Hwy**  
**Hendersonville, NC 28791**

01:30 PM - 04:00 PM EST

*Did you know that 40 minutes of creating art lowers the level of cortisol (the stress hormone) in the body? Art really does heal, and it's fun, too. Join us on the third Sunday of every month to play with collage art and take a short creative break at our Sunday Collage & Play. No experience necessary.*

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*The instructor will provide an embarrassment of collage supplies (including magazines, catalogs, glue sticks, etc.) to get folks started. Attendees can bring something they're already working on, their own images, magazines, etc. (please also bring your own scissors!) Prompts will be offered, but it's completely up to you what you want to collage! This is a casual gathering to bring community together to create art and everyone is welcome to join! Bring a friend!*

*This event is free but requires registration. There is a \$5.00 usage fee that will be collected.*

December 14, 2024

## **Somatic Art and Relationships with Judi Moolten**

**Art Place Gallery Classroom**

**2021 Asheville Hwy**

**Hendersonville, NC 28791**

**01:00 PM - 04:00 PM EST**

*Instructor: Judi Moolten*

*Date: December 14, 1:00-4:00*

*Location: The Art Place Gallery Classroom*

*Fee: Members: \$125., Non-members: \$ 140.*

*Maximum Class Size: 25*

*About the Class: Relationships are one of the most rewarding — as well as the most frustrating aspects of our lives. Whether in intimate or work settings, the quality of our relationships has an enormous impact on the quality of how we live, our self-esteem, and our careers. Yet, we often find the behavior of others baffling — even if we have known them intimately for many years. Often, the things we do not understand in others are the greatest sources of problems and conflicts in our relationships. Clearly, the better we know ourselves and the people in our lives, the more harmonious and satisfying our relationships will be. This is a workshop for Couples. Couples will work together to connect through Somatic Art. We will access areas where the individual may be blocked from their artistic expression and how the couple may find a deeper connection through artistic communication. Using tools from EMDR/Bilateral Stimulation, Enneagram Typing/Character types, and IBSR Somatic mapping each participant will create a deeper connection with themselves and others.*

*We will remove unhealthy stress and open up the artist's palette to physical expressions of color, mental descriptors, and balancing of the art/science part of our brain, or organized side while opening it up to the fully self-expressed side. We will remove barriers to creativity and discover what artwork best suits you.*

*We will help participants recognize personal strengths as well as to uncover the blind spots that they bring to their relationships. If you want to improve your relationship with a spouse, child, friend, business associate, or family member, this Workshop will be invaluable.*

*What skills, experience or pre-requisites are required for this class?*

*Pre-req's teacher will send some materials via email for participants to fill out at least 24 hours before class. Participants will bring, tissue, a journal, favorite pens, pencils, and markers.*

*Participants will bring, tissue, a journal, favorite pens, pencils, and markers.*

*Artist Bio: Judi Moolten is a retired trauma behavioral specialist. Judi spent 20-plus years as a social worker and clinical director for nonprofits before she opened her mental health training facility that she ran until COVID hit. Before COVID, she traveled the world training clinicians in the most advanced somatic psychology processing tools available. Now retired from the Mental health profession as a licensed clinician, she has found a way to disrupt behavioral health and the art world by bringing what was once used only in a clinical setting to treat unhealthy stress to the mainstream. Judi occasionally teaches, coaches, and supervises clinicians and non-mental health professionals in unhealthy stress that leads to trauma. Couples using Somatic Art are her specialty. She also teaches real estate agents how to apply stress-reducing tools to the art of communication between buyers and sellers of property. In addition, she is a top Real Estate Agent in WNC and owns her own Real Estate Firm, Grateful Mindset Properties, where she serves WNC & beyond with a*

*grateful mindset and volunteers for many nonprofits in the area as a charity liaison and more. In addition, she has a weekly radio show combining, art, science, and a tad of real estate. Where she has local guests, local news, and local culture live on air Saturday mornings at 9:00 am, on 107.7 FM.*

January 18, 2025

**Art Disruption and Somatic Drawing with Judi Moolten**

**Art Place Studio Warehouse**

**2015 Asheville Highway**

**Hendersonville, NC 28791**

**11:00 AM - 01:00 PM EST**

*Instructor: Judi Moolten*

*Date: January 18, 2025 11:00am-1:00*

*Location: The Art Place Studio Warehouse*

*Fee: Members: \$50.00, Non-members: \$65.00*

*Maximum Class Size: 50*

*About the Class: Incorporating tools from EMDR/Bilateral Stimulation, Enneagram Typing/Character types, and more...*

*We will use stress-reducing tools to open up the artist's palette to physical expressions of color, mental descriptors, and balancing of the math/science part of our brain or organized side while opening it up to the fully self-expressed side removing barriers to creativity and discovering what artwork is best for each individual*

*Participants will bring a journal, favorite markers, pens, pencils, a box of tissue, a box to put things in No prior exp. necessary*

*Supplies: Pre-req's teacher will send some materials via email for participants to fill out at least 24 hours prior to class. Participants will bring, tissue, a journal, favorite pens, pencils, and markers*

*Artist Bio: Judi Moolten is a retired trauma behavioral specialist. Judi spent 20-plus years as a social worker and clinical director for nonprofits before she opened her own mental health training facility that she ran until COVID hit. Prior to COVID, she traveled the world training clinicians in the most advanced somatic psychology processing tools available. Now retired from the Mental health profession as a licensed clinician, she has found a way to disrupt behavioral health and the art world by bringing what was once used only in a clinical setting to treat unhealthy stress to the mainstream. Judi occasionally teaches, coaches, and supervises clinicians and non-mental health professionals in stress that leads to trauma. She also teaches real estate agents how to apply stress-reducing tools to the art of communication between buyers and sellers of property. She owns her own Real Estate Firm, Grateful Mindset Properties, where she serves WNC & beyond with a grateful mindset and volunteers for many nonprofits in the area as a charity liaison and more. In addition, she has a weekly radio show combining, art, science, and a tad of real estate. Where she has local guests, local news, and local culture live on air Saturday mornings at 9:00 am, on 107.7 FM.*

Coming Soon

**Star ornament (book) by Kate Stockman**

**Art Place Gallery Classroom**

**2021 Asheville Hwy**

**Hendersonville, NC 28791**

**02:00 PM - 04:00 PM EST**

*Instructor: Kate Stockman*

*Date: October 19, 2pm-4pm*

*Location: Art Place Gallery Classroom*

*Fee: Members: \$50. , Non-members: \$65.*

*Maximum Class Size: 9*

*About the Class: In this playshop, we'll create beautiful ornaments that can be mailed but won't break! Because they're paper. These ornaments are actually pop-up books you can hang on a tree or in a window or gift them (hostess gifts, birthday gifts, etc). Kate will supply all materials for 3 snowflake ornament books. You will leave with the ability to make mini-suns for summer, leaves for autumn, flowers for spring. The only limit is your imagination! Bring your own scissors, please. Eagerness to play and to learn. Humor is always welcome.*

*Supplies: Bring your own scissors; I'll provide everything else.*

*Artist Bio: Kate Stockman relishes creating and teaching and is happiest when she is doing both at the same time! She is a bookbinder as well as an assemblage jewelry artist and collage/paper artist. She and her wood-turner husband Andrew live outside of Saluda in a little cabin in the woods. She is grateful.*